



END OF SEASON NEWS

OCT 2017

"The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves." ~ Helen Keller

**Thank you to all our volunteers.
You help us build a great experience
for your child and their team.**

Who's who in 2017

Committee

- Aaron Shooter - President
 - Tony Cormack - Secretary & Communications
 - Lisa Thomas - Treasurer
 - Glen Springate - Business Manager
 - Jake Bovill - Registrations
 - Ashley McCoy - Vice President
 - Ween Reid
 - John Harvey
 - Mark Gardner
 - Bill Burris
- Contact details available at castlemainegoldfieldsfc.net.au

Ashley McCoy

Coaching Coordinator
coaching@castlemainegoldfieldsfc.net.au

Kathryn Hall

Junior Coordinator/Managers
juniorexecutor@castlemainegoldfieldsfc.net.au

Tony Cormack

Small Sided Coordinator
secretary@castlemainegoldfieldsfc.net.au

Glen Springate

U10 Coordinator
glenspringate@gmail.com

John Harvey

U11/12 Coordinator
jrharvey@aapt.net.au

Castlemaine Goldfields FC would like to pay their respect and acknowledge the Dja Dja Wurrung people who are the traditional custodians of the land on which we play and train, and also pay respect to Elders both past and present.

When kids play sport, our whole community wins.

The smiling faces and comradery evident in these pages are the very reason we are committed to making our club the best it can be.

Through the season, coaches watch players and their families develop strong social bonds, connecting with kids from different schools and backgrounds. The experience helps to create support structures and social networks that deliver much more than just benefits to our physical health.

Seeing these connections happen and watching players and teams overcome their challenges is undoubtedly the best win.

We have had a terrific season. Our U11 all-girls team had a blast, all now fanatical football lovers. For their efforts they scored an invitation to a Melbourne City clinic, tickets to the first game of the A-league season and marched on the field at half time. There will be more all-girl team opportunities next year, so spread the word.

U12B Green joined the girls team at Epsom on Grand Final day, with both teams finishing runners up in their competition. U14B Gold made the preliminaries, and U12 9's Green and U18 Gold played the semi-finals.

Overall, I hope you will agree, that the smiles captured throughout are the most valuable prize of all.

Thank you to all our members and their families, from the smallest contributions to the mammoth ones. We couldn't do any of it without you.

I hope to see you at our Annual General Meeting, 16 November 7.30 - 8.30.

Kathryn Hall - Junior Coordinator



Photo: Todd Neale



Non-competitive Juniors

SAP Program - Term 4 SKILL ACQUISITION PHASE

Program duration

This is a six week program, two nights a week.

Players should aim to attend both sessions where possible, for maximum benefit.

All participants will be invited to a Gala Game at Chewton at the end of the program, TBC.

When?

Starting Wed 4th October
Wednesday - 4.30-5.30pm
Friday - 6.30-7.30pm

Where?

Chewton

Cost?

Free to registered club players.



Thank you for your continuous support.

What is SAP?

Skills Acquisition Phase Program

A key aspect of the Football Federation Australia National Curriculum is the implementation of a Skill Acquisition Phase program (SAP), aimed to perfect and accelerate the skill development of Boys and Girls at the critical ages of 9 to 13. This age group is universally acknowledged to be the optimal mental and physical phase in which children learn motor skills.

The program is run with a specific curriculum developed by Youth coaches and Sports Scientists at Football Federation Victoria. It's delivery is overseen by Ashley McCoy, a qualified Teacher and FFA trained coach.

This program is designed for players transitioning from Small Sided to U10 in 2018.

We highly recommend these players (and parents) attend at least one of these sessions.

Anyone hoping to coach U10s are encouraged to come along, to get involved and develop a feel for the SAP curriculum.



Small-sided presentations

Generous sponsorship from local business helps us to continue providing a quality grassroots football experience for your kids. Contact Glen Springate if you would like to know more about our Sponsor Packages.

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CGFC Awards



Presentation Day is a fabulous celebration of what we have achieved throughout the season. More importantly though, it's a chance for coaches and team members to reward the efforts of those players who show a little extra spark, with their ball and game skills, as a good sports person, at training, on the field, as a leader or as a learner.

Well done to all the players and teams, and a special congratulations to our award recipients.

U10 Gold

Players Player: Faolan Gardner
Coach's Award: Murray Ware

U10 Green

Players Player: Mishka Davison
Coach's Award: Raven McAllister

U10 Black

Players Player: Joseph Durham
Coach's Award: Inigo Shears

U11 9's Girls Gold

Player's Player: Minka Christie
Coach's Award: Lucy McMurray
Best & Fairest: Eva Thackray

U12 9's Gold

Player's Player: Jack Nuttall
Coach's Award: Charlie Warren
Best & Fairest: Will Zantuck

U12 9's Green

Player's Player: Finn van Tiggelen
Coach's Award: Malachi Larwill
Best & Fairest: Xavier Abicare

U12B Green

Player's Player: Charlie Hutton
Coach's Award: Jaden Hein
Best & Fairest: Ciaran Gardner

U12A Gold

Player's Player: Monty Hall
Coach's Award: Rain Fawcett
Best & Fairest: Remy Sartori

U14B Gold

Player's Player: Sam Butterworth Moss
Coach's Award: Cian Westward
Best and Fairest: Jock Braszell

U14A Green

Player's Player: Abigail Gunter
Coach's Award: Dotahn Henderson
Best & Fairest: Alexander Williams

U16 Gold

Player's Player: Levi Chaffey
Coach's Award: Cale Heagney
Best & Fairest: Rilke De Podolinsky

U18 Gold

Player's Player: Arlo Johnston
Coach's Award: Walter Luke
Best & Fairest: Callum Mackinnon

U18 Green

Player's Player: Heath Lawrence
Coach's Award: Mason Tacke
Best & Fairest: Rainer Cook-Tonkin

Senior Women

Player's Player: Kate Forest
Coach's Award: Hetty Moysey
Best & Fairest: Rachael West

Senior Men

Player's Player: Rainer Canobie-Harris
Coach's Award: Kaspar McCoy
Best & Fairest: Lewis Stabler

Note: If you haven't returned your gold team shirt yet, please do so ASAP.





NEWS

We value your feedback

Please take the time to provide feedback on our coaching program. This reflection is vital for growth and improvement across our growing volunteer organisation:

Football and coaching related feedback:
<https://www.surveymonkey.com/r/JS8BF9B>

General feedback, comments or concerns:
<https://www.surveymonkey.com/r/W2SVP7N>

Volunteering

While it may seem daunting we encourage volunteers, from coaching or managing to setting up and packing down.

Please ask, how can I help? Introduce yourself to someone, or if you are not sure ask me. Ashley McCoy 0439 700 331



Photo courtesy Todd Neale

Coaching in 2018

If you are considering coaching next season, as either a new or returning coach, please fill out the Coaches Expression of Interest form.

This will be a great help in our preseason planning.

<https://www.surveymonkey.com/r/JWR2P8F>

Small Sided 2018

After a great 2017 season for Small Sided, we will be looking for a new faces to coach in 2018. If interested please fill out the Coaches Expression of Interest form.

<https://www.surveymonkey.com/r/JWR2P8F>

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CGFC Small Sided Program**

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ANNUAL GENERAL MEETING

16 November 2017 7.30 - 8.30

Please join us for the CGFC Annual General Meeting. It is important that we have a cross section of members attend this meeting to vote and accept annual reports. There is no pressure to take on a committee role.

Committee Goals for 2018

- Increase volunteer participation.
- Raise the profile of CGFC in the community.
- Finalise our Strategic Plan review.
- Continue improvement in governance and club processes.

Seeking Skills

We are seeking to diversify and obtain a broader input of skill areas across the committee representatives.

Skill areas we would like to recruit:

*Fundraising
Event Organisation
Volunteer Co-ordination
Hospitality Skills
Referee Co-ordination
Project Co-ordination
Scheduling*

Committee member desired attributes:

*Seeks to serve the club
Team orientated
Practical contributor
Friendly and approachable
Able to follow through with directions
High level communication skills
Growth mindset*

If you are interested in joining the committee, or would like more information, please contact the club secretary on secretary@castlemainegoldfieldsfc.net.au

THE 2017 SEASON



**U14B Gold
CONGRATULATIONS**
on finishing 3rd



Photo Left, top & banner: Todd Neale



Photo: Todd Neale



DONATIONS WANTED

CGFC KIT EXCHANGE PROGRAM
SECOND HAND BOOTS, SHINGUARDS,
KEEPERS GLOVES AND MORE...

Boots too small?

Why not donate them to the club, and help someone out next season.

We accept shin guards, CGFC football socks & shorts, and GK gloves too.

All items must be clean and in good condition. Thanks.

Email Ed Evenett ed2389@googlemail.com
to organise a swap or donation.



THE 2017 SEASON



CONGRATULATIONS
BASL League Cup Runners Up
U11 Golden Girls & U12B Green



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Senior Women & Social



The 2017 Senior Women's team, enjoying the sunshine at their presentation day.



Women Leaders in Sport Program

The objective of The Women Leaders in Sport (WLIS) program is to provide women with development opportunities to reach their leadership potential in the sports industry.

This year I was accepted into the program, which provided funding for further coach training, but more importantly the program offered a great opportunity to meet inspiring women, from all levels of sports leadership including Heidi Sutherland from the AFL Vic Board and Nicole Adamson from Cricket Australia, among others.

I spent two days with these women, exploring leadership, and the many barriers females face in the sport arena.

The sports represented were broad, from sailing and golf, to motorcycling, diving and skiing and it was clear that most sports faced similar challenges in engaging girls and women.

It was generally agreed (and research supported) that the best way to face these challenges was to offer more diverse options, like social games and all-girl playing options.

Most importantly though, was to provide women role models, across all aspects of the sport. Women in leadership roles, in coaching roles and playing, and to make women visible



INDOOR SOCCER (FUTSAL) FOR GIRLS & WOMEN

Thursday

5.30 - 6.30

age 10 - 13, mums welcome

7.30 - 8.30 (social game)

age 14 - open women
beginners encouraged

Starting Term 4

Cost: \$40 for 8 sessions. Beginning 12th Oct. - Term 4
Castlemaine Secondary College Wellbeing Centre Gym

For more details or to register contact:

Kathryn Hall **0410 719 451** or kathrynjanehall@gmail.com



so younger girls coming through see their choice in sport as possible and normal.

This year we offered an U11 all-girl team, which was met with great interest and enthusiasm, and the girls made it through to the Grand Final, assisted by one of our female coaches.

In 2018 CGFC would like to offer all-girl teams, across different age groups, supporting BASL's all-girl competition. The girls are still welcome to play in the mixed teams if they wish.

CGFC and BASL are also encouraging women and girls to coach and referee. If interested contact Ashley McCoy, or give me a call if you would like to know more.

We are gathering interest now, so please get in touch.

Kathryn Hall 0410 719 451



All-girl junior teams in 2018

Gathering interest now for female players,
coaches and referees.

Spread the word. Contact us.



THE 2017 SEASON



Senior Men & Social

New Pool Table

The club have acquired a great new pool table for the club rooms. It's a genuine pub style table, and we'll be announcing some club room social nights over the off-season so stay tuned to the website and Facebook page for details.

Thursday Social Kick

Watch out for details about evening social kicks over late Spring and Summer.




GSK5
GOLDFIELDS SOCIAL KICK 5

Sat 14th October 2017 - 10:00am kick off
Soldiers Memorial Field Chewton

Our over 35s Mens Social Tournament returns for it's 5th edition on Saturday October the 14th (yes we know it's the Billy Cart Challenge, but we'd locked in the date before they announced). Six teams will once again be going head to head in a celebration of The World Game, as players from the mid 30s to 50s and 60s continue turn on the skills.

The group games kick-off and 10am with the final scheduled for 1:15pm and presentations from 2pm

The club BBQ will be running all day to continue to raise funds for various group and equipment upgrades in the off-season, including new senior and junior goals.

Come down, grab a snag and enjoy some spring soccer.



Key Dates



Castlemaine Goldfields Football Club 2017 / 2018 Key Program Dates

	School	Castlemaine Goldfields Football Club			
Oct	Term 4 (11 weeks) 9th Oct - 23rd Dec	Term 4 Indoor Social & Girls (8 weeks)	Open Social - Chewton Thursday Nights		
Nov					
Dec					
Jan 2018	End of Year Break				
Feb	2018 Term 1 (8 weeks) 29th Jan - 29th Mar	2018 - Term 1 Saturdays Come & Play Sat 3rd Feb - Sat 24th Mar 9 - 10 am: U10 10 - 11am: U12/14 11 - 12am: Open	Junior Age Group Midweek Training Pre-season	Senior Pre-season Women, Men and U18	Player Registration Period
Mar					
Apr	Term 2 (11 weeks) 16th Apr - 29th Jun	BASL Grading	Team Allocations		
May		2018 BASL Season	Team Midweek Training		
Jun					

Key contacts

New Players - Glen Springate 0404 848 656

Returning Players - Ashley McCoy 0439 700 331

facebook.com/CastlemaineGoldfieldsFC

castlemainegoldfieldsfc.net.au

INDOOR SOCIAL - TERM FOUR

An eight week indoor social football season will run again this year, during term four.

Contact Ashley McCoy for more information.

INDOOR FOOTBALL (Futsal) GIRLS & WOMEN

Term 4 Thursdays

10 - 14 - 5.30 - 6.30

Open Social - 7.30 - 8.30

\$5.00 per session

Contact Kathryn 0410 719 451

ALL GIRL TEAMS 2018

We would love to offer more playing options for our girls next year.

If you are interested please register your interest now and we'll add your name to our information list.

This is not a commitment - just interest.

For more information contact Kathryn Hall:

0410 719 451 or kathrynjanehall@gmail.com