

COMMUNITY FOOTBALL RETURN TO TRAIN & PLAY

2020/2021 COVIDSafe Plan

The State Government's industry restart guidelines for community sport and recreation require the development of a COVIDSafe plan for all recreation venues and facilities, which covers six COVIDSafe Principles:

1. Ensure physical distancing
2. Wear a face mask
3. Practise good hygiene
4. Keep records and act quickly if workers, participants or volunteers become unwell
5. Avoid interactions in enclosed spaces
6. Create workforce bubbles

CURRENT STATE GOVERNMENT POSITION

The current principles and restrictions that apply in Victoria are set out in our Return to Play/Training conditions which are available in the [COVID-19 Football Portal](#).

Please review the Return to Play/Training Conditions, which will be updated from time to time as the Government announces further easing of restrictions. All COVIDSafe Plans will be subject to these conditions.

CORONAVIRUS RESOURCES

The following resources may assist your club or association to prepare your COVIDSafe Plan, and to comply with Government restrictions. These resources are not exhaustive, and there may be additional resources available.

- Federal Department of Health, [Online Infection Control Training](#)
- Victorian Department of Education and Training, [Skills Gateway – Infection Control training](#)
- Victorian Government Coronavirus website, [Creating a COVIDSafe workplace](#)
- Victorian Government Coronavirus website, [COVIDSafe Plan](#)
- Victorian Government Coronavirus website, [Industry Restart Guidelines: Community Sport and Recreation \(October 2020\)](#)
- Victorian Department of Health and Human Services, [Coronavirus information posters](#)
- Federal Department of Health, [Coronavirus information posters and resources](#)
- Federal Department of Health, [Translated coronavirus information posters and resources](#)

COVID SAFE PLAN

Castlemaine Goldfields Football Club

John Harvey (Treasurer)

01/08/2021

COVID-19 COMMITMENT STATEMENT

As a club we are fully committed to providing a safe and healthy environment for members of our club (volunteers, players, personnel, families, spectators) and the wider community and are committed to implementing practices in line with guidance available from Sport Australia, Football Federation Australia, Football Victoria, our local council, the Victorian State Government and other relevant authorities applicable to our club.

We also acknowledge the directions imposed by the Victorian State Government will be followed as we undertake football activities during the remainder of 2020 and into 2021, and we commit to adhering to the latest advice from Football Victoria and the Victorian State Government in this regard.

It is important to club to lead and promote a strong culture of COVID-19 safety for the health and wellbeing of participants and the broader community.

1. ENSURE PHYSICAL DISTANCING

You must ensure participants, coaches, club/association personnel, parents, permitted spectators, etc. are 1.5 metres apart as much as possible.

To ensure physical distancing, our club/association will:

- Displaying signs to show patron limits at the entrance of enclosed areas where limits apply (e.g. Kiosk or changeroom, toilets)
- Limit the number of participants to the minimum required to play (i.e. limit training to usual age group squad size)
- Zone training areas to limit intermingling between training groups
- Stagger training start times, leaving 15 minutes between training sessions
- Discourage carpooling
- Use floor markings to indicate appropriate physical distancing
- Signpost entry and exit points to limit congregation at the start and end of training
- Conduct meetings or individual fitness sessions from home, where possible

Our club/association has the following indoor spaces:

• Canteen (density quotient: 3) • Club Room (density quotient: 14) • Change rooms with toilets (density quotient: 20 per room) • Toilets (density quotient: 1) • Storage Area (density quotient: 3) • Referees Room (density quotient: 2)

We will provide/require the following training and guidance to our personnel/volunteers:

- guidance posters at the venue, Online resources, nominate COVID Safety officers who must complete the free Australian Government online COVID-19 Infection Control Training.

2. WEAR A FACE MASK

Everyone above the age of 12 years old must carry a face mask when they leave their home, unless they have a lawful reason for not doing so.

The club will ask adults to wear a face mask while indoors, or outdoors where 1.5m of distancing cannot be maintained, unless an exemption applies.

The Club will

- Ensure a supply of disposable face masks are available for the use of all participants/attendees at all training sessions and matches
- Provide information to participants around washing reusable masks each day, and changing disposable masks at least once per day

3. PRACTISE GOOD HYGIENE

Additional hygiene measures are a priority. Clubs/associations and venue and facility operators should maintain good hygiene in their premises, and document hygiene practises in this COVIDSafe Plan.

Our club will,

- Ensuring that cleaning products and disinfectants are accessible to participants and personnel
- Venue/facility cleaning and disinfecting on a frequent and scheduled basis, ensuring frequency for high touch surfaces and bathrooms/change rooms
- Ensure regular cleaning/disinfecting schedule for high touch surfaces at the venue as well as for equipment.
- Ensuring that one or more personnel from the club or association undertakes infection control training.
- Display a cleaning log (or request the facility owner does so) in shared spaces such as toilets
- Ensuring that hand soap and sanitizer dispensers are regularly refilled and always available for participants and personnel
- Display posters on good hygiene and handwashing practises in prominent places and establish hygiene stations at entrances and throughout the venue/facility to encourage good hand hygiene

4. KEEP RECORDS AND ACT QUICKLY IF MEMBERS BECOME UNWELL

The club will keep records of every person who attends the venue/facility or participates in community sport and recreation, and have a response plan, as part of this COVIDSafe Plan, ready for the possibility of a person with COVID-19 at their premises.

The club will maintain an attendance register for every person that attends for a period of more than 15 minutes (including participants, personnel, parents and other permitted

spectators). In the form or Mandatory QR code registration and attendance register for all members. All visitors will be required to check in via QR code. Junior players from all teams who do not have a phone will either have a parent QR code register for them or sign the attendance register.

You must keep the attendance register record for at least 28 days.

If a participant or volunteer who is a confirmed case of COVID-19 has attended your venue/facility while they are infectious, you must follow your response plan. Consider the DHHS Workplace guidance for managing suspected and confirmed cases, which has minimum requirements for this response plan, including:

- a. Undertake a risk assessment
- b. Contact DHHS and Worksafe
- c. Determine hot spots
- d. Clean the premises

Our club/association will keep records of all attendees in the following way:

When restrictions require, our Club will have an active QR code scanning register at all possible entrances for recording these details:

- Name, Date, Time, Contact Number, Indoor space visiting,
- All members will be informed of this process and it will be marketed to our members heavily.

If a worker, participant or volunteer who is a confirmed case of COVID-19 attends our venue/facility while they are infectious, our response plan is:

- Inform all volunteers at the club to be vigilant about the onset of COVID-19 symptoms and at symptom onset to self-isolate and be tested as soon as reasonably practicable.
- Undertake a risk assessment to determine closure and cleaning requirements (in whole or in part).
- Undertake a comprehensive clean of the club, in whole or part, based on the risk assessment.
- Identify club close contacts associated with the volunteers's attendance
- Notify those close contacts to quarantine at home for 14 days.
- Notify DHHS or other entity nominated by the Department, report on actions taken above, provide a copy of risk assessment, provide close contact details, and comply with any further directions from DHHS or WorkSafe as to further closure or cleaning.
- Workplaces must only reopen: – Once all obligations under the directions have been complied with; and – On the authority of the DHHS Public Health team.

5. AVOID INTERACTIONS IN ENCLOSED SPACES

In Victoria, employers have OHS duties and obligations to do what is reasonably practical to provide a working environment that is safe and without risks to the health of workers or other visitors/participants.

As part of creating a safe working environment that addresses risks associated with potential exposure to coronavirus (COVID-19), venues and facilities should have a plan in place to minimise the amount of interactions conducted in enclosed spaces and maximise ventilation, air quality and use of outdoor spaces.

Where the use of indoor spaces is required (for example entrances and bathrooms) venues/facilities should have a plan to minimise the amount of interactions conducted and maximise ventilation, air quality and use of outdoor spaces.

In the context of football, it is most likely that this will be relevant to the use of toilets, changerooms, storage rooms and canteens. Examples of actions that you could take to satisfy this principle are:

- Where workers and participants are required to be indoors, open windows and outside doors where possible to maximise ventilation
- Limit interactions indoors
- Increase the number of areas for changing, or allow more time for changing, and consider staggering change times where practicable
- Encourage participants to change at home and limit use of toilet facilities
- Restrict and control access to shower facilities

To minimise interactions in enclosed spaces, our club/association will:

- where volunteers/members and participants are required to be indoors, open windows and outside doors where possible to maximise ventilation
- Limit interactions indoors
- Increase the number of areas for changing, or allow more time for changing, and consider staggering change times where practicable
- Encourage participants to change at home and limit use of toilet facilities
- Restrict and control access to shower facilities
- Allow the maximum amount of ventilation possible inside toilets, change rooms, storage areas and function room when possible.
- Limit the amount of time possible in change rooms, have players changed before turning up for training.
- Remove or separate access to showers when regulations request.

6. CREATE WORKFORCE BUBBLES

'Workforce bubbles' can help reduce the risk of infection and support contact tracing initiatives. A 'workforce bubble' in the football context is a defined group – coaching staff, necessary health/training staff, participants – who limit their in-person interactions to other members of the group.

This reduces the number of individuals that each person comes into contact with, rather than the number of interactions. This would contain any positive COVID-19 cases to a confined group within your club/association.

Examples of how bubbles can be achieved in football are:

- Limit training sessions to one squad or team and the minimum staff required for coaching

- Follow rules around limiting spectators to one per participant, and only where parental supervision is required, or where care is required for a participant with additional needs
- Use clearly marked training zones to maintain consistent training groups
- Minimise any player movement between teams or squads
- Stagger training sessions so that different teams arrive at different times to reduce interaction between groups
- Advise participants and personnel not to carpool to training/matches
- Limit shared equipment to one training group
- Clean shared equipment between sessions or if it is to be used/rotated to another training group

Our club/association will create a 'bubble' by:

- Our Club will create a 'bubble' by:
 - Limit training sessions to one squad or team and the minimum staff required for coaching
 - Follow rules around limiting spectators to one per participant, and only where parental supervision is required, or where care is required for a participant with additional needs
 - Use clearly marked training zones to maintain consistent training groups
 - Minimise any player movement between teams or squads
 - Stagger training sessions so that different teams arrive at different times to reduce interaction between groups
 - Advise participants and personnel not to carpool to training/matches
 - Limit shared equipment to one training group
 - Clean shared equipment between sessions or if it is to be used/rotated to another training group
 - Limit after training exposure by limiting congregations
 - Completing all the above conditions (when required)